

Plaats	Nummer	Naam	Geslacht	Tijd	Gem. Snelheid
5,4km m					
1.	49	bart van den bosch	m	0:17:43.3	18.2
2.	91	koen penninckx	m	0:18:15.5	17.7
3.	10	dennis candries	m	0:18:28.3	17.5
4.	54	mohamed elkhaldi	m	0:18:40.2	17.3
5.	81	stijn hendrickx	m	0:19:45.4	16.3
6.	75	jan de wijngaert	m	0:19:48.6	16.3
7.	80	tom de smet	m	0:20:04.0	16.1
8.	52	pierre liacco	m	0:20:10.6	16.0
9.	53	kenny muyltermans	m	0:20:48.1	15.5
10.	140	dries verstappen	m	0:21:00.7	15.4
11.	72	torben de veuster	m	0:21:01.3	15.4
12.	139	tijs verstappen	m	0:21:39.6	14.9
13.	101	peter maes	m	0:21:40.9	14.9
14.	19	wim hendrickx	m	0:21:49.9	14.8
15.	40	chris hoefkens	m	0:22:03.4	14.6
16.	106	neil brooks	m	0:22:13.6	14.5
17.	109	lars raeymaekers	m	0:22:15.6	14.5
18.	69	noah de leebeeck	m	0:22:28.6	14.4
19.	129	werner van dyck	m	0:22:31.9	14.3
20.	84	wout van breedam	m	0:22:33.2	14.3
21.	77	bjorn geens	m	0:22:33.4	14.3
22.	153	ludo heylighen	m	0:22:38.8	14.3
23.	56	jens muyltermans	m	0:22:44.7	14.2
24.	13	joss broothaerts	m	0:22:51.6	14.1
25.	90	kristof van breedam	m	0:23:27.4	13.8
26.	36	sven barbe	m	0:23:32.1	13.7
27.	137	dave van campenhout	m	0:23:34.3	13.7
28.	14	joris huang	m	0:23:41.4	13.6
29.	95	omer van noten	m	0:23:42.4	13.6
30.	64	guy van den heuvel	m	0:23:54.7	13.5
31.	164	kris vervoort	m	0:24:00.6	13.4
32.	22	willy sijmus	m	0:24:18.9	13.3
33.	33	ronny koekoekx	m	0:24:20.7	13.3
34.	108	ronald raeymaekers	m	0:24:22.2	13.2
35.	50	jarne truyts	m	0:24:23.1	13.2
36.	123	filip leemans	m	0:24:39.6	13.1
37.	163	jelle cloots	m	0:24:43.7	13.1
38.	100	ben heylen	m	0:24:53.6	13.0
39.	20	jean-louis dhont	m	0:25:08.6	12.8
40.	189	chris venstermans	m	0:25:10.0	12.8
41.	125	ben briers	m	0:25:20.6	12.7
42.	83	willy vermaelen	m	0:25:34.2	12.6
43.	60	michel van dijck	m	0:25:42.1	12.6
44.	112	johan van vaerenvergh	m	0:25:51.0	12.5
45.	141	guy abrams	m	0:25:57.2	12.4
46.	44	guido reniers	m	0:25:58.0	12.4
47.	63	sam van den heuvel	m	0:25:58.6	12.4

48.	65 roger van loo	m	0:26:05.6	12.4
49.	8 andré van rompaey	m	0:26:09.9	12.3
50.	127 peter uytterhoeven	m	0:26:14.5	12.3
51.	192 ivo janssens	m	0:26:16.0	12.3
52.	68 brent de leebeeck	m	0:26:17.7	12.3
53.	149 luc van bael	m	0:26:20.3	12.3
54.	30 jarne de groof	m	0:26:26.7	12.2
55.	7 jan van de gaer	m	0:26:36.5	12.1
56.	131 rudy de roye	m	0:26:42.1	12.1
57.	55 theo janssens	m	0:26:46.5	12.1
58.	58 guido scheers	m	0:26:50.0	12.0
59.	138 louis geens	m	0:26:54.3	12.0
60.	144 jan vleminx	m	0:26:55.1	12.0
61.	94 bart wilders	m	0:26:55.2	12.0
62.	154 gerry witvrouwen	m	0:26:58.1	12.0
63.	135 benny van bogaert	m	0:27:00.9	11.9
64.	16 dominique simons	m	0:27:22.9	11.8
65.	37 jean-luc tuerlinckx	m	0:27:48.0	11.6
66.	146 lieven poulin	m	0:27:51.0	11.6
67.	93 stijntje op de beeck	m	0:27:52.4	11.6
68.	87 daan van breedam	m	0:28:11.8	11.4
69.	88 vincent van breedam	m	0:28:13.4	11.4
70.	70 ronald de leebeeck	m	0:28:15.9	11.4
71.	34 gaston van roelen	m	0:28:21.7	11.4
72.	96 adelheid van de moortem	m	0:28:39.4	11.3
73.	48 jef goovaerts	m	0:28:43.0	11.2
74.	47 gilbert straetmans	m	0:28:44.9	11.2
75.	38 marc de mees	m	0:29:00.4	11.1
76.	2 dirk criem	m	0:29:11.6	11.0
77.	1 jo saeys	m	0:29:16.8	11.0
78.	191 gunther vermeulen	m	0:29:20.2	11.0
79.	113 wozy wellaerts	m	0:29:33.9	10.9
80.	145 guy vancampenhout	m	0:29:36.1	10.9
81.	103 alexander antoine	m	0:29:42.7	10.9
82.	193 lucas vandezande	m	0:29:43.1	10.9
83.	104 hans struys	m	0:29:44.3	10.8
84.	116 frooy mellaerts	m	0:29:45.8	10.8
85.	194 kris vandezande	m	0:29:47.8	10.8
86.	158 guy vanmeenen	m	0:29:49.7	10.8
87.	9 stephane margierion	m	0:30:17.1	10.6
88.	199 gilles vermylen	m	0:30:24.3	10.6
89.	61 ludo hermans	m	0:30:30.6	10.6
90.	102 xander vandeput	m	0:31:32.2	10.2
91.	78 roger goethuys	m	0:31:35.8	10.2
92.	165 giovanni verbeeck	m	0:31:38.4	10.2
93.	41 robert schouters	m	0:31:50.6	10.1
94.	45 stefan van lier	m	0:32:07.5	10.0
95.	26 wolf cools	m	0:32:11.7	10.0
96.	39 hans van avondt	m	0:32:23.1	10.0
97.	6 dylan goorickx	m	0:32:26.3	9.9

98	46	patrick van steenkiste	m	0:32:27.5	9.9
99	18	jules salaerts	m	0:32:32.9	9.9
100	79	marc smet	m	0:32:37.6	9.9
101	121	jonas vandenputte	m	0:32:38.1	9.9
102	196	benno daemen	m	0:32:43.2	9.9
103	161	paul demarsin	m	0:34:08.4	9.4
104	62	paul holemans	m	0:34:26.1	9.4
105	402	lucas rommelaere mila	m	0:34:33.4	9.3
106	97	dirk de smedt	m	0:34:49.1	9.3
107	105	joris biesemans	m	0:35:18.4	9.1
108	11	jean bruelemans	m	0:38:05.3	8.5
109	35	denis schouters	m	0:41:11.2	7.8
110	28	frans faes	m	0:47:37.6	6.8
111	12	wilfried de coster	m	0:51:30.2	6.2
112	162	koen van guubergen	m	0:52:44.6	6.1
w					
1.	118	emily coenen	w	0:21:12.9	15.2
2.	124	jeannine van der hoeve	w	0:21:43.4	14.9
3.	89	astrid van breedam	w	0:22:00.0	14.7
4.	4	lieve verreth	w	0:23:59.7	13.5
5.	119	renée grauls	w	0:24:56.5	12.9
6.	57	christiane paternoster	w	0:25:34.2	12.6
7.	132	nancy pelgrims	w	0:26:15.5	12.3
8.	133	kristel calders	w	0:26:16.9	12.3
9.	148	else verhaegen	w	0:26:20.6	12.2
10.	160	lauren vermeulen	w	0:26:54.6	12.0
11.	136	heidi de winter pieters	w	0:27:29.3	11.7
12.	31	lore van casteren	w	0:27:35.8	11.7
13.	92	stella goovaerts	w	0:27:42.7	11.6
14	156	anja renders	w	0:28:14.7	11.4
15	152	karine ausseloos	w	0:28:29.2	11.3
16	111	fleur vandeput	w	0:28:37.6	11.3
17	195	febe willems	w	0:29:07.1	11.1
18	134	caroline goris	w	0:29:51.0	10.8
19	143	carine de wachter	w	0:29:59.2	10.8
20	82	katrien van den dries	w	0:30:12.1	10.7
21	67	vanessa michiels	w	0:30:20.0	10.6
22	27	nicole vanhorshaegen	w	0:30:52.3	10.4
23	122	lies blieck	w	0:30:53.7	10.4
24	66	barbara van de winckel	w	0:31:11.6	10.3
25	32	marie-josé haine	w	0:31:13.4	10.3
26	147	katrien buts	w	0:31:15.3	10.3
27	155	ann nagels	w	0:31:19.0	10.3
28	21	hilda buekenhoudt	w	0:31:21.4	10.3
29	43	christine segers	w	0:31:45.2	10.2
30	142	hilde moens	w	0:32:26.6	9.9
31	117	nancy van den wijngaet	w	0:32:36.5	9.9
32	151	nancy verdickt	w	0:32:37.1	9.9
33	150	else brouwers	w	0:32:37.7	9.9
34	126	anita volkaerts	w	0:32:43.6	9.8

35	128 suzy op de beeck	w	0:33:10.2	9.7
36	120 marlies torfs	w	0:33:17.7	9.7
37	3 hanelore vanlinthout	w	0:33:23.5	9.7
38	99 marie goeteven	w	0:33:55.5	9.5
39	5 nele robayes	w	0:33:59.4	9.5
40	403 manon browaey	w	0:34:14.3	9.4
41	17 fabiola vermaelen	w	0:34:25.7	9.4
42	24 katrien van weerst	w	0:34:42.7	9.3
43	42 charlotte vanteembeec	w	0:34:54.7	9.2
44	130 maggie van dyck	w	0:36:02.4	8.9
45	404 helen gysemans	w	0:36:27.5	8.8
46	76 lies kwanten	w	0:36:49.4	8.7
47	519 els de vos	w	0:37:14.0	8.7
48	107 mieke morreel	w	0:38:15.2	8.4
49	98 mia moens	w	0:38:15.4	8.4
50	197 mrijam hölzel	w	0:38:18.6	8.4
51	198 barbara van duffel	w	0:38:18.8	8.4
52	25 amber cools	w	0:39:12.6	8.2
53	15 mariette pluys	w	0:39:52.0	8.1
54	157 sandra calders	w	0:42:34.0	7.6
55	29 christiane roothoof	w	0:47:30.1	6.8

10,8km

m

1.	371 pieter verschoren	m	0:35:21.3	18.3
2.	382 chris wouters	m	0:38:12.3	16.9
3.	347 tim casteels	m	0:38:29.4	16.8
4.	334 pieter geens	m	0:39:30.0	16.4
5.	362 kristof nevelsteen	m	0:40:10.9	16.1
6.	332 luc moens	m	0:40:38.5	15.9
7.	338 stefan valckx	m	0:41:51.7	15.4
8.	343 tom matthys	m	0:43:07.4	15.0
9.	302 collin vrijdaghs	m	0:44:21.9	14.6
10.	350 kenny robinson	m	0:44:29.8	14.5
11.	344 rudy vanden bosch	m	0:45:08.3	14.3
12.	322 dirk van droogenbroeck	m	0:45:15.2	14.3
13.	368 benny van vlasselaer	m	0:45:37.0	14.2
14.	381 jannes jacobs	m	0:45:38.2	14.1
15.	325 marc van de weyer	m	0:45:40.2	14.1
16.	336 daniel liesenborgs	m	0:45:52.7	14.1
17.	349 filip van breedam	m	0:45:57.4	14.0
18.	340 marc huysmans	m	0:46:24.0	13.9
19.	419 martina andres	m	0:46:25.1	13.9
20.	383 gilles geraerts	m	0:46:31.4	13.9
21.	397 benny meeus	m	0:46:38.1	13.8
22.	335 guy van der hoeven	m	0:46:49.8	13.8
23.	319 wim d'haese	m	0:46:51.5	13.8
24.	348 rudi anthonis	m	0:47:24.7	13.6
25.	379 kurt decoster	m	0:47:29.6	13.6
26.	321 rainer koninckx	m	0:47:32.7	13.6
27.	342 geert nuyts	m	0:48:05.6	13.4

28	309 peter marcelis	m	0:48:12.6	13.4
29	330 niels van den put	m	0:48:30.9	13.3
30	308 frank dubocage	m	0:49:02.1	13.2
31	307 alain demey	m	0:49:02.4	13.2
32	418 yves kiesekoms	m	0:49:15.7	13.1
33	396 maarten geens	m	0:49:36.8	13.0
34	314 eric thielens	m	0:49:57.3	12.9
35	346 danny matheys	m	0:50:05.1	12.9
36	365 marc willems	m	0:50:41.4	12.7
37	324 thomas de cauter	m	0:50:43.6	12.7
38	303 luc kusseneers	m	0:50:54.3	12.7
39	304 dirk verheyden	m	0:50:54.5	12.7
40	394 ivan claes	m	0:50:54.9	12.7
41	317 daniel lissens	m	0:51:33.3	12.5
42	356 luk leyzen	m	0:51:33.4	12.5
43	358 rony lens	m	0:52:36.2	12.3
44	326 rudy de wilder	m	0:52:58.9	12.2
45	400 marc dierckx	m	0:53:20.6	12.1
46	415 luc vandervorst	m	0:53:57.5	12.0
47	390 bert neefs	m	0:54:15.2	11.9
48	355 bert claes	m	0:54:41.6	11.8
49	354 bart vande velde	m	0:54:43.1	11.8
50	331 kristof bak	m	0:54:47.1	11.8
51	318 rudi de moor	m	0:55:04.4	11.7
52	328 kurt asselberghs	m	0:55:18.8	11.7
53	313 geert peeters	m	0:55:43.6	11.6
54	399 marc van de velde	m	0:56:01.4	11.5
55	373 luc van langendonck	m	0:56:21.3	11.4
56	361 eddy vandenmuisenber	m	0:57:54.9	11.1
57	360 tom de smet	m	0:57:56.1	11.1
58	327 steven van der roost	m	0:58:08.0	11.1
59	384 jan leemans	m	0:58:28.7	11.0
60	329 davy bruelemans	m	0:58:35.9	11.0
61	374 jo vandeput	m	0:58:45.5	11.0
62	306 yvo sterckx	m	0:59:25.3	10.9
63	405 nicolas dehut	m	1:00:16.4	10.7
64	341 francis goossens	m	1:00:22.1	10.7
65	369 jo ruelens	m	1:00:56.9	10.6
66	387 roald goossens	m	1:01:09.5	10.5
67	386 dirk van looveren	m	1:01:11.4	10.5
68	337 jef van den heuvel	m	1:01:35.4	10.5
69	364 benny steenwinckels	m	1:01:50.3	10.4
70	370 dirk jottier	m	1:02:54.7	10.3
71	421 serge muylle	m	1:03:17.4	10.2
72	311 theo cornelis	m	1:03:20.5	10.2
73	417 vladeslai velen	m	1:04:45.1	10.0
74	420 pieter den boef	m	1:07:57.4	9.5
75	305 frans dechaene	m	1:08:26.1	9.4
76	431 filip rommelaere	m	1:10:49.1	9.1

w

1.	367 kristel van looy	w	0:45:42.3	14.1
2.	366 veerle vandamme	w	0:46:21.8	13.9
3	339 ilse ooms	w	0:48:38.2	13.3
4	345 wendy vermaelen	w	0:49:31.2	13.0
5	385 marijke van camp	w	0:52:35.0	12.3
6	320 lien robberechts	w	0:53:08.0	12.1
7	323 chris cumps	w	0:53:32.4	12.1
8	391 hilde verstraeten	w	0:54:39.1	11.8
9	398 dominique dominique	w	0:56:24.5	11.4
10	388 karin schoovaerts	w	0:57:46.4	11.2
11	377 ilse van herck	w	0:58:20.1	11.1
12	393 katrien van eena	w	0:58:57.9	10.9
13	389 sarah stienon	w	1:00:19.3	10.7
14	409 carolien van espen	w	1:00:39.6	10.6
15	378 sigrid van craen	w	1:01:29.9	10.5
16	395 pascalie van damme	w	1:03:05.1	10.2
17	392 hilde pype	w	1:03:05.9	10.2
18	359 petra heiremans	w	1:05:31.4	9.8
19	376 sylvia hellinckx	w	1:06:44.0	9.7
20	375 astrid de valk	w	1:06:44.3	9.7
21	301 fabienne beerens	w	1:07:22.9	9.6
22	372 inge gressens	w	16:16:30.3	0.6

16,2km

m

1.	538 stefan van den broeck	m	0:53:42.8	18.0
2.	529 michael vermeylen	m	0:55:26.0	17.5
3.	501 dylan vrijdaghs	m	1:02:07.1	15.6
4.	572 kristof van genechten	m	1:03:23.7	15.3
5.	526 tom heylen	m	1:04:25.9	15.0
6.	539 erik caluwaerts	m	1:04:36.0	15.0
7.	558 ivan decuyper	m	1:05:27.3	14.8
8.	506 peter degroof	m	1:05:33.6	14.8
9.	540 danny stremersch	m	1:05:45.9	14.7
10.	534 ivo naets	m	1:06:41.0	14.5
11.	512 jelle van laecke	m	1:08:15.4	14.2
12.	525 roel heylen	m	1:08:47.1	14.1
13.	517 bart maes	m	1:08:58.1	14.0
14.	531 steven vermierdt	m	1:08:59.6	14.0
15.	569 gino van rompaey	m	1:09:07.6	14.0
16.	546 jerry vandenputte	m	1:09:24.0	14.0
17.	509 freddy langenus	m	1:09:25.9	13.9
18.	504 staf nevelsteen	m	1:09:34.7	13.9
19.	502 wim wuyten	m	1:09:59.3	13.8
20.	533 guido vervloet	m	1:10:14.7	13.8
21.	556 sergio gonzalez lopez	m	1:10:35.8	13.7
22.	522 pascal mattheus	m	1:10:42.2	13.7
23.	524 luc spiessens	m	1:10:56.2	13.7
24.	503 marcel van bijlen	m	1:11:05.0	13.6
25.	508 philip van passel	m	1:11:09.1	13.6
26.	507 nicolas van schap	m	1:11:25.2	13.6

27.	530 steven demuynck	m	1:11:40.1	13.5
28.	555 bart willems	m	1:12:04.6	13.4
29.	513 marc van den broeck	m	1:12:09.1	13.4
30.	515 julien paternoster	m	1:12:09.6	13.4
31.	550 gunther wuytens	m	1:12:12.9	13.4
32.	551 robin wuytens	m	1:12:57.8	13.3
33.	566 paul vermeylen	m	1:13:27.7	13.2
34.	527 nicky wouters	m	1:13:39.6	13.1
35.	528 johan vermaelen	m	1:13:45.9	13.1
36.	575 michel muylle	m	1:14:26.2	13.0
37.	543 geert spallier	m	1:14:47.0	12.9
38.	548 pieter longin	m	1:15:24.5	12.8
39.	532 jef van rooy	m	1:15:35.6	12.8
40.	570 bart peeters	m	1:15:43.4	12.8
41.	547 koen ceulemans	m	1:16:35.1	12.6
42.	536 rudy calders	m	1:17:03.0	12.6
43.	554 matthias vleinckx	m	1:17:14.5	12.5
44.	564 Paul milants	m	1:17:15.3	12.5
45.	520 erwin vermeylen	m	1:17:46.3	12.4
46.	542 ron langenus	m	1:18:11.0	12.4
47.	568 sven heiremans	m	1:18:21.5	12.4
48.	552 peter robert	m	1:18:46.1	12.3
49.	511 leo verstrepen	m	1:19:30.7	12.2
50.	521 rene versteven	m	1:19:48.6	12.1
51.	544 guy geerts	m	1:20:03.6	12.1
52.	571 koen delmartino	m	1:20:37.5	12.0
53.	579 arnaud browaeys	m	1:21:07.3	11.9
54.	537 dirk schrevens	m	1:21:57.1	11.8
55.	549 kurt biesemans	m	1:22:20.4	11.8
56.	560 wouter decat	m	1:22:44.0	11.7
57.	565 johan eekhout	m	1:24:16.6	11.5
58.	535 chris verhaegen	m	1:24:35.1	11.4
59.	518 hedwig scheppers	m	1:25:13.2	11.4
60.	561 johan lansberg	m	1:26:56.6	11.1
61.	562 yves doens	m	1:31:41.6	10.6
62.	574 ronny vanhoutte	m	1:33:10.7	10.4
63.	567 jan de ceuster	m	1:33:22.2	10.4
w				
1.	578 karen peeters	w	1:12:06.3	13.4
2.	523 sandra vandormael	w	1:16:10.1	12.7
3.	510 martine vanzurpele	w	1:19:29.9	12.2
4.	576 sofie beernaert	w	1:19:43.9	12.1
5.	505 kris beelen	w	1:20:01.2	12.1
6.	545 marijke broothaers	w	1:24:21.7	11.5
7.	577 caroline milants	w	1:24:25.7	11.5
8.	500 julie coigué	w	1:27:44.4	11.0
9.	563 sophie vanttilo	w	1:31:41.9	10.5
10.	573 marylise buyckx	w	1:32:59.3	10.4
11.	557 greet gelin	w	1:34:58.7	10.2
12.	559 karlien bisson	w	1:39:05.1	9.8